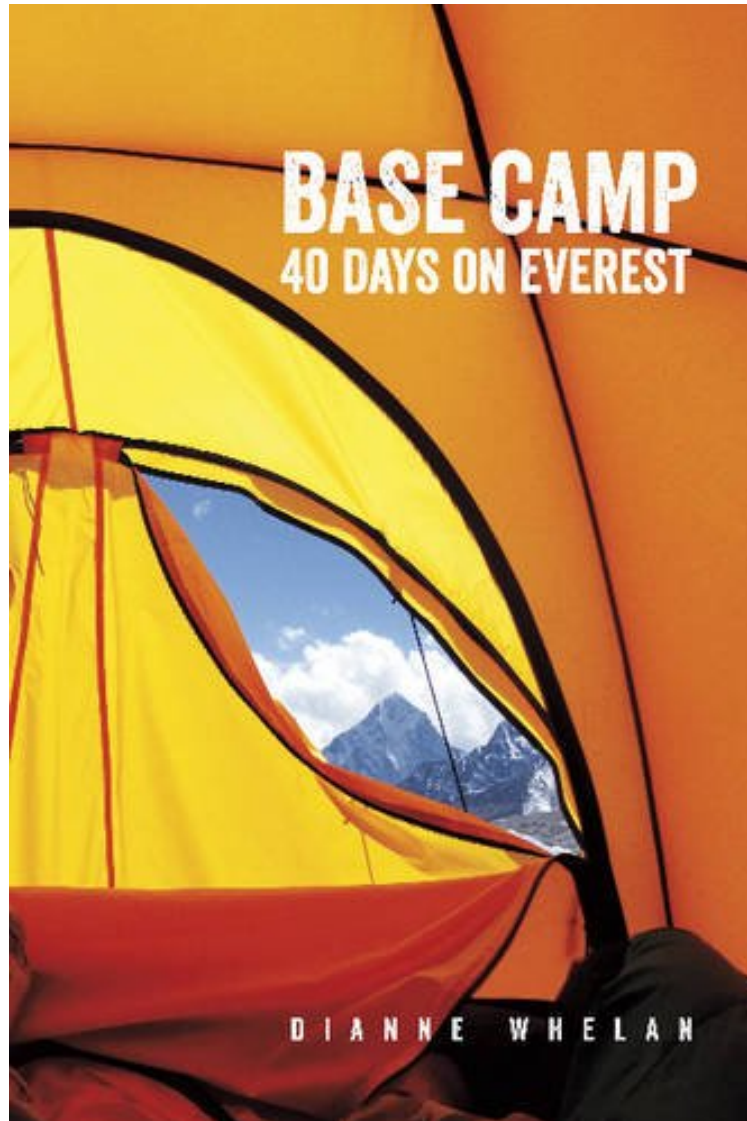


[Download ebook] Base Camp: 40 Days on Everest

## Base Camp: 40 Days on Everest

*Dianne Whelan*

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**Dianne Whelan : Base Camp: 40 Days on Everest** before purchasing it in order to gage whether or not it would be worth my time, and all praised Base Camp: 40 Days on Everest:

0 of 0 people found the following review helpful. Conquering the MountainBy Cheryl LandmarkI have often wondered what motivates humankind to engage in situations and environments that push us to our very limits and challenge us almost to the point of death or even death at times. Dianne's experiences at Base Camp on Mount Everest were harrowing, frigid and challenging. But, at the same time, you could feel her awe and spiritual connection with the mountain and the climbers who fought and struggled their way to the summit. And, she definitely retained a wry sense

of humour throughout her nearly 40 days in that harsh, unforgiving environment. This is not a journey I would ever have considered undertaking myself, even in my younger, fitter days. I have never felt the need to test myself that intensely. But, I have to admire and respect those who accomplish such daunting tasks, while at the same time feeling they must be a little crazy and masochistic to do it in the first place! :) "Pain is Weakness Leaving" is the title of one chapter, so Dianne's experiences must have left her with the strength of Hercules at the end of her journey! Such an amazing woman. 2 of 2 people found the following review helpful. A thoughtful read By Kristine McCaffrey Ms. Whelan spent almost forty days at Mt. Everest base camp while filming a documentary about the state of the mountain in 2010. This book is a behind-the-scenes of her experience. While there are many negatives to focus upon--the trash and general over-commercialization of climbing expeditions--the soft glow of the sacred reaches her yet. It's a wonderful and thoughtful read. Watch the accompanying film (available on iTunes) for a well-rounded Everest journey.

Each spring, over eight hundred climbers attempt to reach the summit of Mt. Everest. The conditions are challenging, and without warning can become life-threatening. Some make it to the top of what is considered the world's most majestic mountain, but others are not so lucky, and in the attempt to reach the elusive summit, many more have tragically lost their lives. Not all are recovered, their bodies left to the mountain. In the spring of 2010, 18,000 feet above sea level, documentary filmmaker Dianne Whelan immersed herself in the challenging and captivating world of base camp on Mt. Everest. In this personal and eye-opening exposé, *BASE CAMP: 40 DAYS ON EVEREST*, Whelan shares gripping stories of Maoist rebels, avalanches and dead bodies surfacing out of a dying glacier. From her perspective at base camp Whelan interviews climbers, doctors and Sherpas all living for months on end in the belly of the mountain as they wait for a weather window to summit the top of the world. Woven into the personal stories of these climbers is the devastating truth of the human impact on the mountain and the eerie and unforeseen effects of climate change. Experts believe there are over 250 bodies buried on the path from base camp to the peak of Mt. Everest. With the glacier melting and moving at over four inches a day, the toll of the human desire to conquer the mountain is slowly and irreversibly surfacing at base camp.

About the Author Dianne Whelan is an award-winning Canadian filmmaker, photographer, author and multimedia artist. In April 2010, Whelan traveled to Nepal and Mount Everest Base Camp to direct and shoot her award-winning documentary film *40 DAYS AT BASE CAMP*. Whelan's first book, *THIS VANISHING LAND* (Caitlin Press), recalls her experience as an embedded media person on a historical sovereignty patrol in the Canadian High Arctic. Her National Film Board documentary, *THIS LAND*, is based on the same journey. Whelan is currently working on her next film and book project, called *THE STORY OF WHITE RAVEN*, which weaves the indigenous legend of the white animals into the current war on nature.